



43rd Annual Walk & Roll for Hope!

**Lace up your sneakers! Grab your rollerblades or bike!
Help people with disabilities achieve their dreams!**

WHY WE WALK & ROLL: The Walk & Roll for Hope is a pledge-based fundraiser for Hope Community Resources. Hope offers services that provide individuals who experience disabilities with opportunities to lead full, active lives in the community of their choice. All funds raised in your community, remain in your community—helping Alaskans who experience disabilities.

FUNDRAISE ONLINE: Participants create their own personalized fundraising page at www.hopealaska.org. Email your family, friends, neighbors, co-workers, businesses, etc. They will be linked directly to your page and can donate securely online.

HOW TO WALK & ROLL: Participants are asked to collect donations. A minimum of \$25 is requested to participate. On your local event day, bring a completed registration form or a print out of your donations made online with all collected pledges.

WALK & ROLL ROUTE:

ANCHORAGE (SATURDAY, MAY 5) - The route travels south from the Park Strip towards Westchester Lagoon, meeting up with the Tony Knowles Coastal Trail. Walkers will enjoy a **5K** route north, while runners, bikers and rollerbladers can choose to complete a **16K** route south. The **Walk Lite** route, on the sidewalk around the Park Strip, is ideal for folks looking to avoid the hills of the Coastal Trail. All routes will return to the Park Strip for a BBQ Celebration. Check-in starts at 8:30am, Walk starts at 9:00am.

KENAI PENINSULA (SATURDAY, MAY 5) - The route travels west from the Hope Rec Center to Kalifornisky Beach Rd. Walkers, Bikers and Rollers will enjoy a **5K** route along the bike path and return to the Rec Center for a BBQ celebration. Check-in starts at 10:00am, Walk starts at 10:30am

EVERYONE CAN WIN: Turn in \$75 on event day at local Walk and you will receive the official 2012 Walk & Roll for Hope t-shirt designed by *Alaska Serigraphics*. Statewide prizes will be awarded for pledges turned in by May 31.

Walk, Run, Bike or Rollerblade.

For more information please call [433-4916](tel:433-4916) or check out our website at www.hopealaska.org.

Registration Information

Save time... Register online at www.hopealaska.org

Participant's Name

Mailing Address

City, State, Zip

Daytime Phone

Team Name (if applicable)

E-Mail Address

Connection to Hope (i.e. employee, family member, volunteer, etc.)

A minimum of \$25 in pledges is requested on event day.

WAIVER: I hereby waive all claims against Hope Community Resources, sponsors or any personnel for any injury I may suffer during this event. I understand that it is my responsibility to utilize protective equipment when necessary. I agree to abide by all city ordinances, including the Bike Helmet law requiring all riders under 16 wear a helmet when operating a bicycle. I grant full permission to Hope to use photographs, video and other media of me in legitimate accounts and promotions of this event.

Participant Signature (Parent/Guardian signature required if under 18)

Total Pledges

turned in

Pledges left

to collect

For Official Use Only
(amount turned in)

Initials

WEB12

Pledge Form

Please make check payable to **"Walk for Hope"**

Sponsor	Sponsor's Address and Phone	Pledge Collection Information			
		<input type="checkbox"/> \$15	<input type="checkbox"/> \$25	<input type="checkbox"/> \$50	<input type="checkbox"/> Cash
		<input type="checkbox"/> \$100	<input type="checkbox"/> \$	<input type="text"/>	<input type="checkbox"/> Check
		<input type="checkbox"/> \$15	<input type="checkbox"/> \$25	<input type="checkbox"/> \$50	<input type="checkbox"/> Cash
		<input type="checkbox"/> \$100	<input type="checkbox"/> \$	<input type="text"/>	<input type="checkbox"/> Check
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		<input type="checkbox"/> \$100	<input type="checkbox"/> \$	<input type="text"/>	<input type="checkbox"/> Check

Additional pledge forms available at www.hopealaska.org

Total Pledges Collected:

Important Instructions

1. Please print clearly and make all checks payable to **"Walk for Hope."**
2. Credit card payments can be made securely online at hopealaska.org or by calling 1-800-478-0078 ext. 4916.
3. Participants who are unable to collect pledges will be requested to pay a \$25 registration fee.

4. Donations should be collected at the time of the pledge.
5. Bring all pledge donations and this form with you to the walk.
6. Pledges may be turned in the day of the walk, dropped off at Hope Community Resources or mailed to:
540 W. International Airport Rd., Anchorage, AK 99518.
Please call 1-800-478-0078 ext. 4916 for more information.